

SYS 458 Sociology of Leisure and Sport

Objectives: a study on this course will provide the skill to -

- 1 Understand the concepts in leisure and sport
- 2 Analyse the cultural base of sports
- 3 Study on social institutions and sport
- 4 Know the relation between social stratification and leisure activities
- 5 Study the sports related state policies and programmes.

Course Outcome:

- CO1. Get familiar with the concepts of leisure and sports.
- CO2. Understand sociology of leisure.
- CO3. Aware of benefits of sport activities
- CO4. Role of the Governments in promoting leisure and sport activities
- CO5. Social aspects leisure and sports
- CO6. Understand deferential aspects of leisure in India
- CO7. Know leisure and sport policies in India

Course Content:

UNIT – I: Introduction	Hrs - 14
<ul style="list-style-type: none">a. Scope and importance of Sociology of Leisure and Sportb. Origin and Development of Sociology of Leisure Sportc. Sport as a Social Phenomenon ; Sport and Socialization	
UNIT – II: Theoretical Approaches	Hrs - 12
<ul style="list-style-type: none">a. Structural Functional Approachb. Conflict Approachc. Ethno- Methodological Approach	
UNIT – III: Cultural Bases of Sport	Hrs - 14
<ul style="list-style-type: none">a. Relationship of Sports with the elements of Cultureb. Sport, Leisure and Culturec. Cross Cultural Differences in Sport	
UNIT – IV: Social Institutions and Sport	Hrs - 14
<ul style="list-style-type: none">a. Sport as a Social Institutionb. Sport and Economic, Political and Religious Institutionsc. Violence in Sport	
UNIT – V: Social Stratification and Sport	Hrs - 12
<ul style="list-style-type: none">a. Sport, Social Stratification and Social Mobilityb. Gender Inequality in Sportc. Sport and the State: Policies and Programmes.	

Reference:

- Dharam.V.R. (1989)Sports & Society : Readings in Sociology of Sports, New Delhi classical.
- Hylton, Kelvin, et al (2001) Sports Development : Policy Process & Practice, London : RKP
- Laker Anthony (ed) (2002) The Sociology of Sport and Physical Education, London, RKP.
- Loy John W et al(1978): Sports and Social System A Guide to the Analysis, Problems and Literature ,Wesley : London,.
- Oglesby Carde(1978) Women & Sport : From Myth to Reality, Orient Long man, London,.
- Pachauri,S.K. (1999) Women & Children in Sports, Commonwealth Pub, New Delhi.
- Sharma.V.K. & Rajeev Sareen (ed) (1992)Perspectives in Sports Education Commonwealth Publishing, New Delhi,
- Synder, E.E. & Elenor Spreitzer(1983), Social Aspects of Sports, Englewood Cliffs. N.J.